



SWITZERLAND : « MOUNTAIN PEOPLE RIDE » YOUR ITINERARY

During this trail you will live the alpine adventure by passing 5 alpine passes as the grand Not of Lona about 3000 m of height. A ride with the most prestigious summits of the Alps for the view: the Matterhorn, Tooth-Blanche, Weisshorn, etc. Beautiful landscapes but also the opportunity to meet the protected fauna of this area : deers, chamoises, marmots, eagles... A ride for riders with experience and good stamina due to walks.

DAY 1

Meeting at the ranch at the end of afternoon. If you arrive by train, meeting point in Sion train station around 7.00 pm. Dinner and night in dormitory.

DAY 2

We get into saddle to go accross Sion area with an amazing view on Valère castle and the town of Sion. This path leads us to Agette village and so one. Picninc lunch. On the afternoon we go to Thyon, by a forestal path. During this trip, we have a beautiful view on Dent-Blanche and Cervin summits. Dinner at the cottage and night in dormitory.

DAY 3

Today, our trail lead us from Thyon to natural pools of Essertzes where horses can have a bath! We have our picninc lunch in the forest or closed to a river. During the afternoon we go up to Mandelon high mountain pasture by the old path. At this point, we take our luggages on our horses and follow to Vendes. dinner and night in a chalet.



DAY 4

During all the day, we go through various high mountain pasture paths. Dinner and night at Praz-Gras high mountain pasture. For this night it's the adventure!! We sleep on the straw in the barn of the high mountain pasture, with a campfire for dinner.

DAY 5

According to climatic constraints, we rise in the direction of Arolla mountains. It is a panoramic morning which waits for us. It is not rare to meet chamoises and marmots. Midday break on the high mountain pasture of Arolla. In the afternoon,



we go to Evolène. Since Volovron it is the magnificent path which crosses the forest which we follow to arrive at our cottage. Dinner and overnight at Nejos.

DAY 6

After breakfast, we go down on horseback to St-Martin village and its church. On the road, our horses can drink at Euseigne fountain (which one is guarded by St-Georges, master of riders) while riders have a look on famous Euseigne pyramids. Picnic lunch in a chalet. Then, we follow our ride to get back to the ranch passing by Tavelli Tower and across Combioulaz reserve. We spend the night at Tavelli.



DAY 7

This morning we ride through a forest of pines and in the valley of Hérens to reach the trays of Ossona and St - Martin's mayens by the paths of the transhumance. Picnic in the forest of Suen before going to the high mountain pasture of Loveignoz. Overnight on the straw in the high mountain pasture rustic chalet of Louère sur Mase.

According to logistic or climatic constraints, the itinerary might change with acces that can be difficult to cottages... That's why we give you an indicative itinerary for this trail.

DAY 8

It's a long day ride in high mountain pastures going by mountain passes as Col pass or through forest path. Sometimes we have to walk leading horses by hand. Picnic lunch. On the afternoon we reach Orzival and Grimentz pastures. Dinner and overnight in a cottage at Grimentz.

DAY 9

After crossing the Navizence river we go up to Sorebois. It's the long way and we have a good stop there for the lunch. The view is wonderful: sun, snowy summits... On the afternoon after passing Sorebois pass, we reach the Moiry dam with its shiny blue water. Dinner and overnight in the cottage close to the dam.

DAY 10

With our horses we go through Moiry valley on the bank of the dam. A nice way leads us to Basset de Lona. We will picnic by the lake before moving the pass of Lona and afford an interesting little edge on horseback. The descent of the pass leads us to Tsalet of Eison of the road from the pasture. In crossing a forest, on roads covered with a soft carpet of thorns, we reach the sunny village of Eison to arrive at our wooden cottage. Night at Néjos

DAY 11

It's our last day so we have to go back to the ranch using forest path and passing by villages... Once again, our horses will drink at Euseigne fountain. We finally reach the ranch at the end of afternoon. Departure after a drink together.

You can stay one extra night at the ranch if you want to (optional).

ENJOY YOUR TRAIL !